## Purée <br> ESSENTIALS

## Two-Bite Brownie Recipe

## Two-Bite Brownie Recipe

Recipe Items:<br>PE Original Bread Pudding (PE\#21761)<br>Chocolate Sauce<br>White Chocolate Sauce

Nutritional analysis presented contains only these ingredients

1 Portion
2 x \#16 scoops ( 120 gm )
1 tsp ( 5 ml )
1 Tbsp ( 15 ml )

## 5 Portions

600 gm (21.2 oz)
25 ml ( 0.9 fl oz )
75 ml ( 2.6 fl oz )
1 cm chub slice = approx. 40gm, 1" chub slice- approx. 100 gm


1. Thaw frozen products in refrigerator for a maximum 48 hrs .

Hot Service - Heat Puree Essentials food to a minimum temperature of $71^{\circ} \mathrm{C}$ or $160^{\circ} \mathrm{F}$.

Cold Service - Keep Puree Essentials food cold prior to service, below $4^{\circ} \mathrm{C}$ or $40^{\circ} \mathrm{F}$.

2. Place $2 \mathrm{x} \# 16$ ( 120 gm ) of PE Original Bread Pudding and 1 teaspoon ( 5 ml ) of chocolate sauce in a bowl and whisk together.

Place mixture into a serving nappy or small bowl using a scoop, spread slightly in dish.

| Nutrition Facts Valeur nutritive |  |
| :---: | :---: |
|  |  |
| Per 1 each (140g) / par 1 each (140g) |  |
| Amount \% <br> Teneur \% valeur | $\begin{array}{r} \text { \% Daily Value } \\ \% \text { valeur quotidienn } \end{array}$ |
| Calories / Calories 240 |  |
| Fat/Lipides 10 g | 16\% |
| Saturated/satures 6 g <br> + Trans / trans 0g | $56 \mathrm{~g}$ |
| Cholesterol/Cholesterol 60 mq |  |
| Sodium / Sodium 260mg | Omq 11\% |
| Carbohydrate / Glucides 35q_12\% |  |
| Fibre / Fibres 2 d | 7\% |
| Sugars / Sucres 219 |  |
| Protein / Proteines 6g |  |
| Vitamin A / Vitamine A | 0\% |
| Vitamin C / Vitamine C | C |
| Calcium / Calcium | 4\% |
| Iron/Fer | 6\% |

3. Garnish with a drizzle of 1 Tablespoon of ( 15 ml ) of White Chocolate Sauce.

Option - for smaller portion size, reduce portions by $1 / 2$ and review nutritional analysis for changes.

Hot Service - Keep Puree Essentials food hot, at a minimum temperature of $66^{\circ} \mathrm{C}$ or $150^{\circ} \mathrm{F}$.

Cold Service - If serving cold; keep Puree Essentials food temperatures below $4^{\circ} \mathrm{C}$ or $40^{\circ} \mathrm{F}$.

