



Pumpkin Pie Recipe





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Recipe Items:	1 Portion	5 Portions
PE Original Bread Pudding (PE#21761)	#16 Scoop (60 gm)	300 gm (10.6 oz)
Pumpkin Pie Filling (canned-smooth)	#20 Scoop (47 ml)	235 ml (8 fl oz)
Nutritional analysis presented contains only these ingredients		1 cm chub slice = approx. 40gm, 1" chub slice- approx. 100gm



1. Thaw frozen products in refrigerator for a maximum 48 hrs.

Hot Service - Heat Puree Essentials food to a minimum temperature of 71°C or 160°F.

Cold Service - Keep Puree Essentials food cold prior to service, below 4° C or 40° F.



2. Place a #16 Scoop (60 gm) of Original Bread Pudding into the centre of the plate. Using a spoon or the back of the scoop, spread out the bread pudding slightly in each direction.

Do not lump scoop into the centre of the dish.



3. Over the top of the bread pudding, spread a #20 Scoop (47 ml) of the smooth pumpkin filling evenly.



Garnish with piped whipped cream floret or burst (garnish is not included in nutritional analysis). Serve hot or cold.

Hot Service - keep Puree Essentials food hot, at a minimum temperature of 66°C or 150°F

Cold Service - If serving cold; keep Puree Essentials food temperatures below 4° C or 40° F.

Nutrition Facts	
Valeur nutritive	
Per 1 piece (108g) / par 1 piece (108g)	
Amount	% Daily Value
Teneur	% valeur quotidienne
Calories / Calories	110
Fat / Lipides	4g 6%
Saturated / satures	2.5g
+ Trans / trans	0g
Cholesterol / Cholesterol	25mg 11%
Sodium / Sodium	105mg 4%
Carbohydrate / Glucides	16g 5%
Fibre / Fibres	2g 9%
Sugars / Sucres	8g
Protein / Proteines	2g
Vitamin A / Vitamine A	4%
Vitamin C / Vitamine C	4%
Calcium / Calcium	2%
Iron / Fer	8%

Variations:

Diabetic: reduce portion size.

Reduce portion sizes to also serve as a nourishment/snack.

Add different topping combinations for variety.

Additional variations to the pumpkin pie filling can be made, including adding in pudding, to increase flavor varieties.



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