



Yogurt, Cinnamon Bun and Fruit Salad





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Recipe Items:	1 Portion	5 Portions
PE Original Bread Pudding (PE#21761)	#10 Scoop (95 gm)	474 gm (16.8 oz.)
Cinnamon Sauce	2 tsp (10 ml)	50 ml (2.5 fl oz)
White Chocolate Sauce	2 tsp (10 ml)	50 ml (2.5 fl oz)
Smooth Yogurt	#12 Scoop (75ml)	400 ml (13.5 fl oz)
Puree Fruit	#16 Scoop (60ml)	300 ml (10 fl oz)

Nutritional analysis presented contains only these ingredients

1 cm chub slice = approx. 40gm,
1" chub slice- approx. 100gm



1. Thaw frozen products in refrigerator for a maximum 48 hrs.

Hot Service - Heat Puree Essentials food to a minimum temperature of 71°C or 160°F



2. Plate a #10 scoop (95 g) of whole wheat bread.

Drizzle with 2 tsp (10 ml) of White Chocolate Dessert Sauce as "frosting".



Finish with a drizzle with 2 tsp (10 ml) of Cinnamon Dessert Sauce (in a coil to resemble a cinnamon bun).

3. In a parfait glass, add #12 Scoop (75ml) of smooth yogurt and cover with #16 Scoop (60ml) of pureed fruit. Garnish with yogurt drop to top.

Nutrition Facts	
Valeur nutritive	
Per 1 plate (259g) / par 1 plate (259g)	
Amount	% Daily Value
Teneur	% valeur quotidienne
Calories / Calories	260
Fat / Lipides 9g	13%
Saturated / satures 5g	
+ Trans / trans 0g	25%
Cholesterol / Cholesterol	50mg
Sodium / Sodium 270mg	11%
Carbohydrate / Glucides 42g	14%
Fibre / Fibres 2g	8%
Sugars / Sucres 30g	
Protein / Proteines	8g
Vitamin A / Vitamine A	8%
Vitamin C / Vitamine C	4%
Calcium / Calcium	15%
Iron / Fer	8%

Serve parfait glass beside cinnamon bun plate

