



**BALANCED CUISINE
ORIENTAL BEEF WITH VEGETABLES
21533**

PRODUCT PROFILE

Tender strips of lean beef (2" x 1/2" pieces, 1/4" thick), carrots, baby corn, broccoli florettes, water chestnuts, green and red bell peppers in a savory Oriental-style marinade sauce. Serve over Balanced Cuisine plain rice.

INGREDIENT STATEMENT

Water, Seasoned Beef Strips (Beef, Water, Canola Oil, Modified Corn Starch, Beef Flavour [Autolyzed Yeast Extract, Salt]) Liquid Caramel, Sodium Phosphate, Salt, Pea Protein), Carrots, Broccoli, Water chestnuts, Green Peppers, Soy Sauce (Water, Wheat, Soybeans, Salt, Lactic Acid, Sodium Benzoate), Corn, Red Peppers, Pineapple Juice (Contains Ascorbic Acid), Modified Corn Starch, Gelatin, Rice Vinegar, Beef Base (Contains Autolyzed Yeast Extract, Soybean Oil), Brown Sugar, Ginger, Dehydrated Garlic, Xanthan Gum, Carrageenan, Flavour (Contains Autolyzed Yeast Extract), Spice

NUTRITIONAL COMPOSITION

Serving Size	Per 100 gm	Per serving
Energy (Kcals)	81.81	143.17
Protein (g)	7.63	13.35
Carbohydrate (g)	10.84	18.97
Dietary Fiber (g)	1.08	1.89
Total Fat (g)	0.75	1.31
Saturated Fat (g)	0.01	0.02
Cholesterol (mg)	0.10	0.17
Sodium (mg)	307.16	537.53
Potassium	100.36	175.63
Phosphorus	28.00	49.00

* Suggested Serving Size: one serving is 175g (11 servings per pouch)

DIABETIC EXCHANGES: (per suggested serving)

Protein	2
Starch	1

POTENTIAL ALLERGENS

	Present	Not Present
Eggs		X
Milk Products/Lactose		X
Fish/Shellfish		X
Nuts/Nut Oils		X
Sesame Seeds/Oils		X
Soy	X	
Gluten/Wheat	X	
Sulphites		X

PACKAGING SPECIFICATION

8 kg case: 4 X 2KG