



<b>BALANCED CUISINE</b>		
<b>BEEF STEW</b>		
<b>21512</b>		
<b>PRODUCT PROFILE</b>		
Home-style blend of tender beef with vegetables in a full flavored beef and tomato broth.		
<b>INGREDIENT STATEMENT</b>		
Water, Cooked Seasoned Beef Cubes (beef, water, modified potato and corn starch, beef flavour (autolyzed yeast, salt), liquid caramel, sodium phosphate, salt, pea protein), Potatoes, Carrots, Celery, Peas, Onions, Gelatin, Modified Corn Starch, Tomatoes, Concentrated Beef Stock (contains hydrolyzed soy protein, autolyzed yeast extract, hydrogenated soybean oil), Beef Fat (Bha, propyl gallate, citric acid), Salt, Caramel, Garlic Powder, Seasoning (contains anchovies), Spices.		
<b>NUTRITIONAL COMPOSITION</b>		
<b>Serving Size</b>	<b>Per 100 gm</b>	<b>Per serving</b>
<b>Energy (Kcals)</b>	91.09	159.40
<b>Protein (g)</b>	8.19	14.33
<b>Carbohydrate (g)</b>	7.74	13.55
<b>Dietary Fiber (g)</b>	0.71	1.24
<b>Total Fat (g)</b>	2.78	4.87
<b>Saturated Fat (g)</b>	1.35	2.37
<b>Cholesterol (mg)</b>	14.16	24.77
<b>Sodium (mg)</b>	423.74	741.54
<b>Potassium</b>	93.08	162.88
<b>Phosphorus</b>	15.36	26.88
Suggested Serving Size: 175 g = 11 servings per pouch		
<b>DIABETIC EXCHANGES: (per suggested serving)</b>		
<b>Protein</b>	2	<b>fat</b> 1
<b>Starch</b>	1/2	
<b>POTENTIAL ALLERGENS</b>		
	Present	Not Present
<b>Eggs</b>		<b>X</b>
<b>Milk Products/Lactose</b>		<b>X</b>
<b>Fish/Shellfish</b>	<b>X</b>	
<b>Nuts/Nut Oils</b>		<b>X</b>
<b>Sesame Seeds/Oils</b>		<b>X</b>
<b>Soy</b>	<b>X</b>	
<b>Gluten/Wheat</b>		<b>X</b>
<b>Sulphites</b>		<b>X</b>
<b>PACKING SPECIFICATION</b>	<b>8 kg case 4 x 2kg pouch</b>	